



LIL' DRAGONS TESTING INFORMATION



***IMPORTANT NOTICE: OPTIONAL TESTING FOR RANK!**

*Testing for belt rank gives the student something to work for. It is goal oriented and gives the kids an opportunity to move up in belt rank and possibly receive a "Black Belt" one of these days! If a student puts forth the effort required, he/she will be rewarded accordingly.

READ THE FOLLOWING POINTS CAREFULLY TO UNDERSTAND TESTING!

1. Testing for BELT promotion will be held at Cascade Boys and Girls Club, 7600 Cascade Drive, Everett, WA. Payment for testing will be taken at this time.
2. Review and practice the testing requirements prior to testing to assure your promotion. Students will not be promoted simply by attending class. Practicing at home is essential!
 - Punches, Kicks, Blocks, Self Defense Techniques, Balance, Power, Focus and Respect!
 - All students are doing well and should pass the test if they practice.
3. All students testing for belt rank will be charged a testing fee. The fee is \$10.00 (make checks out to **NorthWest Budokan**) and this includes the costs for the new belts and certificates. All students will individually check in with the class assistant or Instructor on testing day. Lil' Dragons will be awarded a Yellow belt with a White stripe for the first promotion. Advanced Lil' Dragons may earn a different color with white stripe. Lil' Dragons being promoted to the full Youth Karate class will be awarded a Yellow belt.
 - Karate Federation dues are not required for Lil' Dragons testing.
4. There will be NO belts sold. The only way to get a belt is to earn it - they are included if you pass the test!
5. Spectators are allowed in the room while testing for Lil' Dragons. It is very important that ALL spectators are quiet during the testing. The students will be nervous enough without having to worry about distractions.
6. Please DO NOT contact the YMCA about testing, as they are NOT affiliated with this testing. Certificates and awards will be presented on awards night. All parents are invited to attend the demonstration and awards ceremony to be held at the final class of the session. Students not testing for belt rank will be awarded a certificate of participation and a ribbon.
7. **WHY DOESN'T MY YMCA CLASS FEE COVER THE TESTING?**
Students are not required to get belt ranking in the YMCA karate class and may attend any of the classes without ever getting another belt or even wearing a uniform. Your Sensei is a member of the ISMSKF which is a world-wide organization that allows them to test students for belt ranking (International Shorin-ryu Matsumura Seito Karate-do Federation). This is a separate organization from the YMCA.

Please direct any questions to your Sensei or Shihan@NWBudokan.com

LIL' DRAGONS KARATE

OPTIONAL TESTING FOR RANK!

STUDENT NAME: _____

Please attend one of the times below and return this form at testing:

WHEN IS TESTING?

- Saturday, Morning June 3rd:**
Lil' Dragons – 10am
- Saturday, Afternoon June 3rd:**
Lil' Dragons – 12:30pm
- Sunday Evening June 4th:**
Lil' Dragons – 4pm

WHERE IS TESTING?

Cascade Boys & Girls Club
7600 Cascade Drive
Everett, WA 98203
Phone: 425-267-9526

Participation and Release of Liability

Release/Participation: I am the parent or guardian of the participant. I give permission for my child to participate in International Shorin-ryu Matsumura Seito Karate-do Federation (further referred to as ISMSKF) testing. I understand that accidents can sometimes happen. Therefore, in exchange for the ISMSKF allowing my child to participate in ISMSKF testing, I understand and expressly acknowledge that I release ISMSKF, its employees, boards, members, volunteers or guests from all liability for any injury, loss or damage connected in any way whatsoever to participation in ISMSKF testing. I understand that this release includes any claims based on negligence, action or inaction of the ISMSKF, its employees, boards, members, volunteers or guests. **The ISMSKF organization, membership and testing is not in any way connected to or endorsed by the YMCA.**

Medical Treatment: I give permission for ISMSKF staff or volunteers to provide emergency medical treatment for my child, and to transport to an emergency center for treatment. Also, I consent to medical treatment for my child deemed immediately necessary or advisable by a physician.

Insurance: I understand that the ISMSKF does not provide any accident or health insurance for its members or participants and further understand it is my responsibility to provide such coverage.

Signature of Parent/Guardian

Date: _____

Please return this form at Testing.